



Claire D. Brindis, Dr. P.H.

Training: B.A. in Sociology; Master's in Public Health in International Health, Maternal and Child Health, and Family Planning, both at UCLA; Doctorate in Public Health in the Behavioral Sciences at UC Berkeley.

Department and Position: She is Professor of Pediatrics and Health Policy, Department of Pediatrics, Division of Adolescent Medicine and the Department of Obstetrics, Gynecology and Reproductive Health Sciences and Interim Director of the Philip R. Lee Institute for Health Policy Studies (PRL-IHPS). She is Executive Director of the National Adolescent Health Information Center and Associate Director of the Policy Information and Analysis Center for Middle Childhood and Adolescence; both organizations are sponsored by the Division of Adolescent Medicine and the PRL-IHPS and funded by the Maternal and Child Health Bureau, U.S. Department of Health and Human Services. She is also a co-Director of the Bixby Center for Global Reproductive Health in the Department of Obstetrics, Gynecology and Reproductive Sciences and PRL-IHPS, UCSF.

Career Profile: Dr. Brindis' research focuses on adolescent and child health policy, adolescent pregnancy and pregnancy prevention, adolescent health and risk-taking behaviors, reproductive health services for men and women, and school-based and integrated health and social services. In the area of reproductive health Dr. Brindis has led a multidisciplinary evaluation team evaluating California's Office of Family Planning's Family PACT (Planning, Access, Care and Treatment) program. Evaluation findings indicate that this program has successfully served over a million women and men, and that for every dollar spent on the program an estimated savings of \$5.53 in medical and social costs is realized through the prevention of unintended pregnancies up to five years after birth. Other research projects include evaluations of California's Community Challenge Grant, a comprehensive teenage pregnancy prevention program, as well as two evaluations of policy coalitions devoted to environmental health and asthma and community clinics.

Dr. Brindis co-authored a statewide comprehensive strategic plan for California, "Investing in Adolescent Health: A Social Imperative for California's Future." (<http://californiateenhealth.org>) She has also authored a five-volume monograph series, "Communities Responding to the Challenge of Adolescent Pregnancy Prevention," as well as a "Guidebook for Evaluating School-Based Health Centers." She has co-authored a monograph on implementing the Healthy People 2010 Adolescent Health Objectives, with the CDC and the Federal Bureau of Maternal and Child Health, "Improving Adolescent Health: A Guidebook for States and Communities." (available at <http://nahic.ucsf.edu>) and "A Future with Promise: A Chartbook on Latino Adolescent Reproductive Health." (<http://crhrp.ucsf.edu>).



Dr. Brindis chaired the Population, Family Planning and Reproductive Health Section of the American Public Health Association in 2003-2004 and chaired the Board of Directors for Advocates for Youth, Washington D.C. between 2004-2006. Dr. Brindis also serves on the Steering Committee of the CDC's National Health Objectives for the Year 2010. She serves as a member of the "Science Into Practice" and the Latina Teenage and Young Adult Hispanic National Advisory Committees for the National Campaign to Prevent Teen Pregnancy, Washington, D.C. Dr. Brindis was honored by the California Department of Health Services with the 2000 Beverlee A. Myers Award for Excellence in Public Health, and was recognized by a California State Senate Resolution for her achievements. In 2001, Dr. Brindis was also honored by the Association of Maternal and Child Health Programs, Washington, DC, with the annual John C. MacQueen Lecture Award. In 2005, Dr. Brindis received the Federal Maternal and Child Health Bureau Director's Award: "In Recognition of Contributions Made to the Health of Infants, Mothers, Children, Adolescents & Children with Special Needs".

Personal Profile: A native of Argentina, Dr. Brindis is married to Ralph G. Brindis, M.D., M.P.H., a cardiologist and President-elect of the American College of Cardiology (2010-2011 term), and is the proud mother of Seth Brindis (M.D. in Pediatrics) and Daniel Brindis (JD), and daughter-in-law, Stephanie Reich, Ph.D. (a faculty member at UC Irvine), and grand-daughter, Violet Lucy Brindis-Reich, born February 19, 2007.

Dr. Brindis is available for research, career, and work-life mentoring. As Co-Chair of the Chancellor's Advisory Committee on the Status of Women for 2006-2008, she has great interest in the advancement of women's careers, whether they are faculty, students, or staff. Dr. Brindis is particularly committed to increasing the diversity of our campus community.

